

DISCOVERING AND DOING WHAT JESUS SAID AND DID

PRACTICING *Jesus*

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This journal belongs to

To the Saints of Eastview Christian Church:
 Grace and peace to you from God our Father, and the Lord
 Jesus Christ.

Did that introduction throw you off a bit? I know it felt weird writing it. However, what's fascinating is that this is the way the Apostle Paul started a lot of his letters we have preserved in our Scriptures. For Paul, this introduction was both a reminder and a calling. It was a reminder of the new identity all have who put their trust in Christ — fully forgiven, holy people (saints) — as well as a calling to pursue living out that new identity in their everyday lives.

And so it is with us.

Although we might not always feel like it or even believe it, we are deemed “saints” by God when we place our trust in Jesus. The slate of our sin is wiped clean, and we are seen by God through the completed work of Christ. This is the Good News — Jesus died on the cross to pay for sins and then rose victorious from the dead to do away with our sins! But while that is true, we know there is still transformation that needs to take place so we might better embody our new identity. Since we are fully forgiven, we're called to become more like Jesus and this path of becoming takes intentional training. It takes practice — Practicing Jesus.

I invite you over the next 12 weeks to fully dive into what it means to know Jesus more and become more like Jesus. By becoming His apprentices we can observe and apply the ways He stayed deeply connected to our heavenly Father through 9 different spiritual practices. I hope we develop a faithful rhythm and discipline of practicing these spiritual practices. And in doing so, we will be deeply connected to the Father and live out our new identity in Christ — “saints” (fully forgiven, holy people of God)!

Eastview — I am so excited to see all that God has in store for us. My hope and prayer is this journal would become a chronicle of all the ways God speaks to you and ultimately shapes you more into the likeness of Jesus. May we all look to follow Jesus closer and utilize the same spiritual practices in order to look more like Him and do what He did!

Practicing Jesus with You,

Pastor Brandon

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LEARN

COME, FOLLOW ME

sermon notes



What key takeaways or Scripture stood out?

What is something I want to revisit?

How or where am I being challenged?

LISTEN

PAUSE + CONTINUE TO REFLECT

What is the Holy Spirit saying to me about following Him?

How can I move toward this week's theme being a priority in my life?

What thought or idea keeps coming to mind?

DISCUSS

IN YOUR COMMUNITY

What inspired or challenged me during our small group gathering?

How will we encourage one another to experience this practice?

How could our group embrace this practice?

PRACTICE

IT'S TIME TO TRAIN

How will I specifically apply this week's theme?

What might be an obstacle that will keep me from fully experiencing this practice?

LEARN

I WILL MAKE YOU

sermon notes

Horizontal lines for sermon notes.



What key takeaways or Scripture stood out?

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LISTEN

PAUSE + CONTINUE TO REFLECT

Large rectangular area with three reflection questions and dotted lines for writing.

What is the Holy Spirit saying to me about following Him?

Dotted lines for reflection.

How can I move toward this week's theme being a priority in my life?

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What thought or idea keeps coming to mind?

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sermon notes



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SABBATH

sermon notes



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LEARN

GENEROSITY

sermon notes

Horizontal lines for taking notes.



What key takeaways or Scripture stood out?

What is something I want to revisit?

How or where am I being challenged?

LISTEN

PAUSE + CONTINUE TO REFLECT

Large rectangular area with dotted lines for reflection. It contains three questions: "What is the Holy Spirit saying to me about following Him?", "How can I move toward this week's theme being a priority in my life?", and "What thought or idea keeps coming to mind?".

DISCUSS

IN YOUR COMMUNITY

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PRACTICE

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LEARN

WITNESS

sermon notes



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